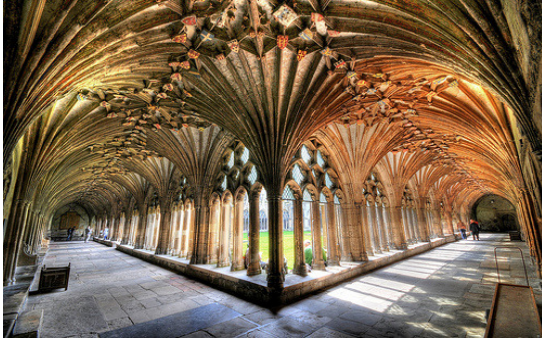


Welcome to St. Michael and All Angels!

Special welcome to visitors and new comers!

We hope you feel at home in this community of faith.



July & August 2010

Summer, July 17th, 2010

Dear brothers and sisters,

Summer greetings in the name of our Lord and Saviour Jesus Christ. In these days when the birds are singing and the sun is shining, gardens flourishing and children playing in the parks, I hope you are all finding time for needful refreshment and relaxation. You are so hardworking throughout the year that a good summer break is in order. The heat and humidity make it impossible not to slow down a little anyway! So, my prayer for you is that you will find time for rest and in that rest also listen to the voice of Jesus say, "Come unto me all that labour and are heavy laden and I will give you rest, for my yoke is easy and my burden is light" (Matthew 11:28,30). After a time of rest I hope we will all emerge with a fresh idea of how God is calling us into his mission to serve him in the opportunities that are all around us.

On our visit to see Tom and Melissa in London at the beginning of June we took the opportunity to go to Canterbury and make a pilgrimage to our "Mother Church", Canterbury Cathedral. It is indeed

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a grand, ancient building which has been visited by many pilgrims over the centuries. And somehow we walked in their same footsteps approaching the large stone arches and coming into a clear view of the massive spires jutting into the blue sky. We arrived in time for Evensong on the Eve of Corpus Christi on June 2. After Evensong we walked through the cloisters of the Cathedral. I am often moved by inscriptions on memorial stones and there were very many in the cloister, especially of previous Archbishops of Canterbury. One that struck me was a quotation from the writings of Irenaeus on the tombstone of Michael Ramsey (*100th Archbishop of Canterbury, retired in 1974*) which says, "The glory of God is the living man and the life of man is the vision of God". This is profound and freeing, I thought. I thought of how we have been contemplating God's mission in our many discussions on the Five Marks. Simply said, we will find life as we learn to see ourselves as God sees us. Its already built in, we just need to sift out what is essentially meaningless and work with that which is life giving. My prayer is that we will all find some time for rest this summer and be blessed with a new vision of ourselves as in the eyes of our loving Father, God.

Blessings in these lovely summer days,

Rev. Michelle+



Directory

Parish Priest: Rev Michelle Eason
Wardens: Brian Hammond
Don Macdonald
Treasurer: Dominick Merle
Music Director: Sean Mayes
Youth Director: Jaclyn O'Connor
Secretary: Carole Meakin

When & where to find us

The Parish Office will be open when our parish secretary is in on Tuesday, Wednesday & Thursday from 9.00 until noon.

Priest's Office Hours:

Wednesday Thursday & Friday mornings from 10 am to noon.

Please drop in during those times or call the church office for an appointment..

Sunday Services

During July and August
Holy Communion at 9.30 am

Wednesday evening there is a service of Holy Communion at 7pm

Our Music Director will be away on vacation for the month of August. During his absence we welcome Dawn Bontemps on August 1st to 22nd and Bob Sigmund on August 29th and we thank them for joining us in our worship.

Address:
15556 Cabot St Pierrefonds QC H9H 1R5
Phone Number: (514) 626 4205
email: st.michael@videotron.ca
Website: StMikesPierrefonds.com
Bus route #207 Jacques Bizard

Montreal AWARE 2010 September 17, 18 and 19

AWARE 2010 will again take place at CAMMAC on beautiful Lake Macdonald with speaker Elaine Pountney. The weekend consists of talks, music, workshops and small discussion groups. The schedule will begin on Friday late afternoon and will end Sunday after a Eucharist service followed by lunch. Please join us for a wonderful weekend of fellowship, music, and celebration of ourselves as Christian women. For more information or registration forms please contact
Maureen Firth 514-694-4304



The Pastoral Care team is there for you when required to help, in time of sickness or rehabilitation, or just to talk and pray with you.

Do not hesitate to call Walter March @ (514) 684-8722, or Carole Meakin at the Church Office (514) 626-4205.

***** Each one should use whatever gift he has received to serve others, faithfully administering God's grace in it's various forms.*****

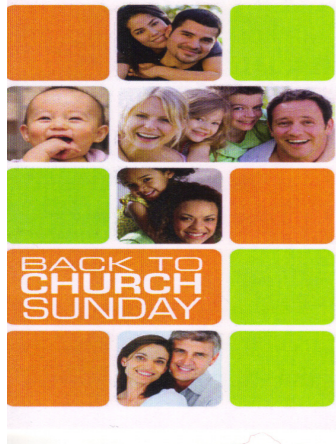
(1 Peter 4: 10)

ADULT CHRISTIAN EDUCATION: COMING EVENTS

Midsummer Movie Night

“Faith Like Potatoes

August 13, 2010, 7:30PM AT THE CHURCH



BACK TO CHURCH SUNDAY

SUNDAY, OCTOBER 17, 2010

8:00AM & 10:00AM SERVICES

“This is a campaign designed to both increase church attendance by creating a special service, and to empower church members with the tools they need to invite neighbors, friends and loved ones back to church. The desired result of our Back To Church Sunday event is not necessarily a large number of visitors on that one day but to provide our church community with a goal and ongoing ministry of relationship-building with people who are not attending church for a variety of reasons.”

More information will be forthcoming in the weeks ahead.

ALPHA COURSE

Tuesdays beginning January 11, 2011 through to March 22, 2011.

Place and time to be determined.

Possible Forth Coming Programs And Events

Faith Sharing: We all believe something, but we don't all believe the same things. Share with one another how/what we believe. This program would be an opportunity to invite friends and neighbors to share in discussion and explorations in faith.

The Church On Its Knees: The story of how prayer developed at Holy Trinity Brompton, a dynamic church in central London and the home of the Alpha course. This book is a practical approach to dynamic prayer in the local church.

More Questions than Answers: “Christianity is a deeply personal religion, but never a private one. The author of the book More Questions than Answers reminds her readers of this great truth with her focus on listening to each other as a demonstration of the love that our Lord demands of us. Such listening is not passive, but active and engaging, and done in the company of God. This book, which values the fine art of listening to each other, looks to turn the reader into a listener.”

Saints Day Celebration - The celebration of a church saint as we enjoy a meal together.

THROUGH THE WEEK WITH JESUS

-- MONDAY --

"A merry heart doeth good like a medicine"
Begin the new week with a song and a smile. It
will lift your heart for a long, long while.



-- TUESDAY--

*"Take therefore no thought for the morrow, for
the morrow shall take thought for the things of
itself"*

Don't put off till tomorrow the good that you can
do; tomorrow is only a vision, but today belongs
to you.



-- WEDNESDAY--

*"There is no fear in love, but perfect love
casteth out fear"*

Put aside your fears today and look to God
above Remembering His promise - there is no
fear in love.



--THURSDAY--

*"We know that all things work together for good
to them that love God"*

Resolve today to trust in God and you will
understand. Though trial and sorrow come to
us, we're safely in His hands.



--FRIDAY--

"With God nothing shall be impossible"
Perhaps there is some difficult task or a loving
deed to do. Begin today with confidence and
God will see you through.



-- SATURDAY--

"Love one another"

Lighten the heart of a friend today. Brighten a
life that's dim. For when you're kind to Christ's
brethren, you show your love for Him.



--SUNDAY--

"Serve the Lord with gladness"

Show your love for God today by helping
someone in need. And as you serve Him, you
will find that you are blessed indeed.



Sr Constance, SSJD

O God, who moves the stars across the heavens

O God, who moves the stars across the heavens,
You set us on the earth to do your will,
Through countless ages, eons, evolutions,
Created, birthed, evolved for good or ill.

We know our only recourse is your mercy,
O Mother, our salvation's by your grace;
So act within us, through us and beyond us,
That in your love we may each find our place.

Not like the stars that etch the night's clear
darkness,
Obeying laws they do not understand,
We live in freedom, free to work against you,
Or free to nestle close within your hand.

You sent your Law and prophets to defend us,
Uplift us from our willful, selfish goals;
You sent your Son, your very Self, among us,
O Father of our Saviour and our souls.



He lived with us that we may live in freedom;
He taught us, healed us, loved us, without cease.
He led us to the Cross that's heavenly wisdom;
He moves us, like your stars, into your peace.

Grant us the will to use our freedom wisely;
Grant us the power to turn from power's allures;
Grant us the peace of stars, the strength of eagles;
Grant us the grace to find our will in yours.

Sr. Sue, SSJD



More HELP Please:

Those of us who put together the newsletter would like to come up with something of interest and something that will help to improve communication in the parish. We need everyone's help to accomplish this. Every ministry can be represented if they submit even just a few lines about what they are up to at this particular time. Send your submissions to jhoitz@sympatico.ca

Prayer Request Box



Everyone is welcome to use the Prayer Request Box which remains in the front of the church in the chancel.

Requests will be picked up several times weekly by the parish priest. During worship Services on Wednesdays and Sundays your concerns will be prayed for.

If you would like the parish priest to contact you, please leave your name with a phone number or email address.

The prayers of this faith community are always offered through the strong name of Jesus Christ and we trust that as scripture tells us, the fervent prayer of the faithful is powerful and effective. (See the Epistle of James, chapter 5).

Prayer Request forms are now available at the back of the church.

St. Michael and All Angels Prayer Request

Name: *(optional)*

Request prayer for:

Would you like the parish priest to contact you:

Yes _____ No _____

Phone No: _____

Email _____

Date: _____

Please place in Prayer Request box at front of church

Now that's a Good Idea!

The suggestion box waits at the back of the church to collect all your good ideas. Please, if you have participated in any event at St. Michael's and have an idea that something could be done a little differently and it would be an improvement, just jot it down and place it in the suggestion box. If you have not heard a favourite hymn for a while, jot down the title (first line) or Hymn book and number and put it in the suggestion box! If you have an idea for a new kind of event at St. Michael's or any suggestions to improve what is done and how it's done at St. Michael's, please write it down and drop it in the suggestion box. The parish leadership is listening and will take action!



Midsummer Movie Night

**At 7:30 p.m. On Friday, August 13
we will be showing the movie,**

"Faith Like Potatoes"



**Babysitting will be provided and
there will also be a movie for the children
Popcorn and drinks will be available
Please plan to attend this parish event.
More details will follow.**



News from your Youth Director

Hey everyone!

I wish I had something witty to open up with, but most unfortunately I don't.

Unless the weatherman disagrees, here's our little somethin-somethin's for the summer!



Dinner & Delightful Company Old Port --downtown

From 3pm - who knows when this party ends!

Meet at the front outside entrance of the Lionel Groulx metro station (any questions gimme a ring 514-983-9164) Little tour action at the Old Port, lots to see and lots to do, and ... lots to eat



Tuesday August 3rd *Aquadome Awesomeness*

Meet at 4pm in front of the Aquadome (1411, rue Lapierre Ville Lasalle, H8N 1B4)

Awesome indoor water park. Of course we'll get food involved in this somehow, and a little night swimming.



Saturday August 14th *Cap St Jacques Beachery*

Meet at St Michaels church for 12pm Bring volleyballs and a love of tomfoolery... and money for dinner.



Saturday August 28th

Laronde – need anything more be said

Meeting place to be announced: either we'll all drive from church, or meet at Berri Uqam metro
Let's say probably from 3pm - 8pm?

I'm really excited to hear how everyone's summers are going and to share some good time and good conversations with you.

If there are any questions give me a call! I'm at camp so it might be hard for me to get reception but I'll have a bit of access to internet there too, soon.

Wear sunscreen. Actually, better yet --- download the song "Sunscreen" and thank me later

Enjoy yourselves!

Jackie



To keep your bulletin and bring it back to church with you next week (or detach the back page and leave in your mail slot). Or you may leave it at the back of the church for reuse.

This bulletin covers a six week period of July 25th to August 29th inclusive The deadline for submissions to the next news letter will be **Saturday August 21st.**

Articles may be sent at any time, preferably early, to me at jhoitz@sympatico.ca or left in my mail slot at the church.

Jacqui

Skinned Knees

Matthew 5:4

Often on distant journeys that go on for more than a few days, we encounter difficulties or what we refer to as "bad times." And so it is with our Journey in becoming the salt of the earth. As we live out our days, we are bound to experience sorrow, pain, and times of mourning. Perhaps you are saying, "That's me!" Let me assure you that constant joy can be yours despite circumstances. We must not think that joy only comes when we smile. Joy can also come through our tears.

When we are hurt, there comes a point when we make it known. We want comfort. Comfort soothes, heals, and says – with or without words – "it's going to be all right."

When my children were young they would need comfort after skinning a knee. Those were close and wonderful times. What a wonderful feeling to be comforted. And now 16 grandchildren I'm often saying, "grandpa can kiss it and make it all better."

There is a wise saying by those who live in hot and sand-swept regions: "All sunshine makes a desert." Think about it. The land on which the sun always shines will soon become an arid place in which no fruit will grow. There are certain things which only the rain can produce.

Here's a thought-provoking poem:

*"I walked a mile with Pleasure,
She chattered all the way,
But left me none the wiser,
For all she had to say.*

*I walked a mile with sorrow,
And ne'er a word said she,
But, oh, the things I learned from her
When Sorrow walked with me!"*

It is the shallow life that has only smiled.
The person who has the greatest

understanding and the ability to touch people with compassion is the person who has been touched by both extremes of happiness and sorrow. That is the person who knows what it is really like to be salt in a world desperate for it. Jesus experienced both, and He can comfort like no other. Matthew 5:4 says,

"Blessed are those who mourn, for they shall be comforted."

You may be mourning. You may be filled with sorrow. Your heart may be heavy. Receive comfort. Receive it from a friend, a family member, or even from these words of comfort. Jesus said, "Come to Me all you who labour and are heavy laden, and I will give you rest" (Matthew 11:28). He promises a constant flowing joy that will never run dry. It will well up from inside you, whatever the inner pain or outer circumstance.

You may feel it's going to take a lot of tempering to become "salty" and that may be. But be assured that many have walked the same road as you and have arrived a better person. So can you!

"Experience Peace during the difficult times on your journey by experiencing God's comfort along the way."

Salt (Flavouring the Moral and Spiritual Climate of Our World)

By David Mainse & Sarah Shaheen Stowell

