

Good-bye C.A.R.E. Welcome C.A.P.

In the December issue of *The Guardian*, Alf Gill gave us a story of the history, and our present day involvement in the C.A.R.E. program. In preparing some information related to the Parish Search Committee's work, we needed to define C.A.R.E. We learned that it is an acronym for **C**reating **a** **R**ehabilitative **E**nvironment. We also learned that the term is quite out of date and no longer used by the West Island Citizen Advocacy group. The operation/administration of an apartment undertaken by St. Mike's should be correctly named the **C**hurch **A**partment **P**rogram, - **C.A.P.** - to conform with the identity used by other churches in the program. The Corporation approved the name change at a recent meeting.

Although we say good-bye to C.A.R.E., we do not stop the work required to continue this very worthwhile project in our wider community. **C.A.P.** is yet another example of St. Mike's Outreach ministry. Would you like to get involved? Do you have an hour a week? A month? Speak to Alf or myself.

Brian K. Hammond

AWARE WEEKEND



Ladies of the parish, would you like a weekend away from the hustle and bustle of daily life; a time of peace, spiritual renewal and fellowship? The answer is an AWARE (Anglican Women Alive Renewed Enriched) weekend. The weekend takes place at Cammac, situated on the beautiful Lake MacDonald from September 17th to 19th, 2010. The guest speaker will be Elaine Pountney and our very own Rev. Michelle Eason and Melanie Hill will be Chaplain and music Director respectively.

Don't miss out on this golden opportunity. Registration forms can be received from the Church office or by phoning Anne Bonnell at (514 636-4238).

Blessings

Annette

Don't forget to keep your bulletin for service information!!